

Support for children

CRUSE Bereavement Care

This voluntary organisation has a specialist team providing support to children and young people.

Cambridge branch: (Cambridge, East Cambs, Fenland)

- Email: cambridge@cruse.org.uk
- Tel: 01223 633536
- Website: cruse.org.uk/Cambridge

Huntingdon branch:

- Email: huntingdon@cruse.org.uk
- Tel: 01480 414511
- Website: www.crusehuntingdon.org.uk

Peterborough branch:

- Email: peterborough@cruse.org.uk
- Tel: 01733 348 439
- National email: info@rd4u.org.uk
- National helpline: 0808 808 1677 (M-F 9.30-17.00)
- National website: www.rd4u.org.uk

Charlie Chimp Club, Thorpe Hall Hospice

For children aged 7 to 13 in the Peterborough area.

- Email: healthandsocialcare@sueryder.org
- Tel: 01733 330060

Stars Children's Bereavement Support Service

For children and young people up to age 18.

- Email: info@talktostars.org.uk
- Tel: 01223 863511
- Website: www.talktostars.co.uk

Cogwheel Trust for Children

Provides low cost counselling in Cambridgeshire, for children and young people.

- Email: admin@cogwheel.org.uk
- Tel: 01223 464385
- Website: www.cogwheel.org.uk

Centre 33

Provides free counselling to young people aged 13 to 26 years.

- Email: help@centre33.org.uk
- Tel: 01223 316488
- Website: www.centre33.org.uk

Child Bereavement UK

Supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.

- Email: support@childbereavementuk.org
- Tel: 01494 568900
- Website: www.childbereavementuk.org
- National support & information line: 0800 02 888 40

Compassionate Friends

A charitable organisation of bereaved parents, siblings and grandparents who support other bereaved parents, siblings, and grandparents who have suffered the death of a child.

- Email: helpline@tcf.org.uk
- Tel: 0845 1232304
- Website: www.tcf.org.uk

Other information and advice

Healthwatch offer a signposting service for health and social care services across the area. If you are unsure who to speak to you can contact them for advice.

- Cambridge tel: 01480 420628
- Peterborough tel: 08451 202064

Updating this information

Bereavement care services are developing across Cambridgeshire and Peterborough. If you have information about new services, or if information in this leaflet needs updating, please email capccg.communications@nhs.net or call 01223 725317.

This leaflet was produced through Cambridgeshire and Peterborough Clinical Commissioning Group's End of Life Care Programme.



Bereavement Support in Cambridgeshire and Peterborough



This leaflet lists the main services across the Cambridgeshire and Peterborough area, and national organisations, that offer support for people who have lost a loved one. If you feel you need support or advice, it may be helpful to first talk to your GP. They may be able to help you see a counsellor if this will be helpful. Faith communities can also be a source of support for many people.

Hospital Bereavement Care Services

If a person died in hospital, support for the bereaved is offered by the hospital bereavement care services.

Addenbrooke's Hospital's chaplaincy team:

- Derek Fraser
- Email: chaplaincy@addenbrookes.nhs.uk
- Tel: 01223 217769

Peterborough City Hospital chaplaincy team:

- Helen Fyall
- Email: chaplaincy@pbh-tr.nhs.uk
- Tel: 01733 673115

Hinchingsbrooke Hospital chaplaincy & bereavement care services team:

- Scott Watts, Jo Shaw and Sharon Wiltshire
- Email: scott.watts@nhs.net
- Tel: 01480 847474

Queen Elizabeth Hospital, King's Lynn Macmillan Information & Support Service

- Alexis Mack
- Email: miss@qehkl.nhs.uk
- Tel: 01553 613 985

Other healthcare services

Thorpe Hall Hospice, Peterborough

Offers individual bereavement support and runs the group Wayfinders, which offers an opportunity for those bereaved to socialise with others in an atmosphere of support.

- Peter Stell
- Email: peter.stell@suerydercare.org
- Tel: 01733 225900

Arthur Rank House Hospice, Cambridge

Offers bereavement support to the families of patients who have received care from one of their services.

- Lesley Davies (Bereavement Coordinator), Keith Morrison (Chaplain)
- Email: lesley.davies@ccs.nhs.uk or keith.morrison@ccs.nhs.uk
- Tel: 01223 723110

St John's Hospice, Moggerhanger (near Bedford).

Offers bereavement support to families and friends of those patients for whom this Hospice service has cared.

- Tel: 01767 642429 (direct line with answer phone)
- Jane Maxfield, Family Support & Bereavement Co-ordinator
- Email: jane.maxfield@sueryder.org
- Tel: 01767 642410

The Norfolk Hospice, Tapping House

Offers support in bereavement to family members of patients who have received care from the service. This includes counselling, individual support and bereavement support groups.

- Louise Clark, Bereavement Co-ordinator,
- Tel: 01485 601700
- Website: www.norfolkhospice.org.uk

Macmillan and Hudson Palliative Care Centre, Wisbech

Offers bereavement support to the families of patients who have received care from the service. They also run a support day three times a year for bereaved relatives.

- Michelle Knight, Specialist Nurse
- Email: michelle.knight@qehkl.nhs.uk
- Tel: 01945 488052

Cambridge University Counselling Service

This free service is for enrolled students and staff of the University of Cambridge.

- Email: reception@counselling.cam.ac.uk
- Website: www.counselling.cam.ac.uk

Voluntary organisations

CRUSE Bereavement Care

A voluntary organisation which supports bereaved people with individual counselling and social groups.

Cambridge branch: (Cambridge, East Cambs, Fenland)

- Email: cambridge@cruse.org.uk
- Tel: 01223 633536
- Website: www.cruse.org.uk/Cambridge

Huntingdon branch:

- Email: huntingdon@cruse.org.uk
- Tel: 01480 414511
- Website: www.crusehuntingdon.org.uk

Peterborough branch:

- Email: peterborough@cruse.org.uk
- Tel: 01733 348 439

National helpline: 0844 477 9400

(Mon to Fri 09.30 to 17.00)

- National website: www.cruse.org.uk

Age UK

Provides advice and information for older people through an advice line, publications and website.

- Tel: 0800 169 65 65
- Website: www.ageuk.org.uk

The Samaritans

Provide confidential emotional support at all times of day and night.

- Email: jo@samaritans.org.uk
- Tel: 01733 312727 (Peterborough)
- Tel: 01223 364455 (Cambridge)
- Tel: 08457 909090 (National)

Cambridgeshire Consultancy in Counselling

Provides an individual counselling service with a range of fees according to ability to pay.

- Tel: 01223 233047 (Cambridge)
- Tel: 01733 553166 (Peterborough)
- Website: www.cambridgeshirecounselling.org.uk

Cogwheel Trust for Counselling

Provides low cost counselling in Cambridgeshire.

- Email: admin@cogwheel.org.uk
- Tel: 01223 464385
- Website: www.cogwheel.org.uk

The Compassionate Friends

An organisation of bereaved parents, siblings and grandparents offering support and mutual understanding to others after the loss of a child, of any age, from any cause. Calls to the national telephone helpline are taken only by bereaved parents. The website includes a members' forum for electronic communication with others similarly bereaved.

- Email: helpline@tcf.org.uk
- Tel: 0845 123 2304 open every day 10.00-16.00 and 19.00-22.00
- Website: www.tcf.org.uk

WAY Widowed and Young

Provides a social and support network for widows and widowers up to age of 50.

- Email: enquiries@widowedandyoung.org.uk
- Website: www.widowedandyoung.org.uk

SANDS: Stillbirth and Neonatal Deaths Charity

Support for anyone affected by the death of a baby.

- Email: helpline@uk-sands.org
- National helpline tel: 020 7436 5881